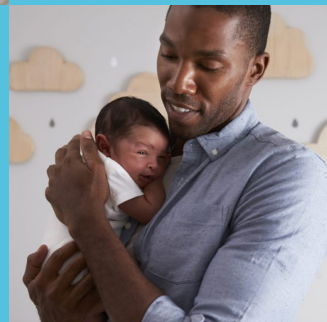
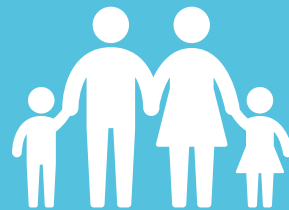


KHFF

KATHARINE
HOWARD
FOUNDATION

ANNUAL REPORT 2018





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CHAIRPERSON'S REPORT

I am pleased to present the 2018 Annual Report and Financial Statement for the Katharine Howard Foundation (KHF). This report outlines our main areas of work during 2018.



The Foundation, as an independent Irish grant-making Foundation is focused on improving the lives of young children and their families with a particular focus on working with and supporting children from 0-3 years and their families. Our work is underpinned by a commitment to equality and overcoming disadvantage and promoting equal opportunities for all children. KHF also aims to influence policy and practice by sharing the learning from its specific Programmes and strategic grants with a view to achieving better outcomes for children, young people, families and communities.

KHF has implemented a number of strategic grant programmes over the years and through this work has developed a positive track record of working in partnership with statutory, community and voluntary organisations and other funders. This partnership approach has proved successful over the years in helping the Foundation to meet its objectives.

In 2018, KHF continued to operate its developmental approach to grant making within its primary area of expertise (early intervention through supporting children and families) working with other partners, where possible.

KHF continued to work closely with other Foundations such as The Atlantic Philanthropies and the Community Foundation for Ireland whereby co-funding arrangements were in place towards specific grant programmes. In addition, KHF networked with other organisations in the philanthropic sector.

During 2018, the Foundation also provided a number of strategic grants to meet with the objectives of its strategic plan and to progress and enhance the work in the sector supporting children and families. A key priority for the Foundation in 2018 was the continued development and implementation of the Nurture Programme: Infant Health and Wellbeing in partnership with The Atlantic Philanthropies, the Health Service Executive and the Centre for Effective Services. The grant for the Programme is managed by KHF and the Programme aims to support the strategic reform of universal health and wellbeing services provided by the Health Service Executive for infants and their families.

Key developments being advanced under the Nurture Programme include:

- » Strengthening and standardising information and supports during pregnancy and early childhood
- » Ensuring universal access to the Child Safety Awareness Programme to guard against accidental deaths and unintentional injuries
- » Introducing the concept of Infant Mental Health in key messages to parents, covering topics like bonding with your baby, parent-child communications and supporting your baby's early learning and emotional development
- » Encouraging and supporting breastfeeding
- » Staff training, coaching and the development of resources to support frontline staff in their work.

An important development in 2018 was the appointment of 9 Child Health Programme Development Officers – one in each Community Health Organisation around the country. These posts will provide

key local support for the sustainability of the work developed under the Nurture Programme.

As part of the Nurture Programme in December 2018, the HSE launched its new parenting and child website for parents and health care staff, www.mychild.ie, along with its suite of books for parents: My Pregnancy, My Child 0-2 Years and My Child 3-5 Years. These are welcome new resources for parents and for front line staff working with parents. Future planning for the Nurture Programme includes the development of a Sustainability Plan which outlines structures and supports required to sustain the work into the future.

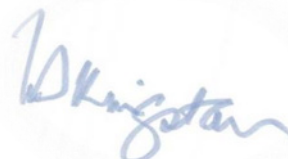
Another important element of the Nurture Programme is the establishment by KHF of the Infant Development Fund in collaboration with the Community Foundation for Ireland. The aim of the fund is to build on and support the work of both the Parenting Support Initiative and the Nurture Programme.

Priority was also given in 2018 to completing and documenting the Parenting Support Initiative (PSI), a three year (2013-2016) strategic grants initiative with a focus on children from birth to three years and their parents, with a particular emphasis on supporting parents in their parenting role. This was a collaborative partnership between the Katharine Howard Foundation and The Community Foundation for Ireland. KHF's **Community Matters** which provides an overview of the PSI and key learning from the Initiative has been widely distributed.

During 2018, ongoing commitment to a range of strategic grants was maintained and enhanced by the Foundation. KHF has welcomed the opportunity to continue its approach to responding to the needs of children and families in a flexible and creative manner with a view to ensuring best outcomes for children and families.

I am very grateful to my fellow Trustees for their unwavering commitment to the governance of the Foundation. We were delighted to welcome a new Trustee, Jane Forman, who joined the board of Trustees in December 2018. Jane brings a wide range of experience, expertise and skills which will help to further enhance the work of the Foundation. Thanks are also due to the numerous individuals and organisations that assisted KHF, formally and informally, during 2018. We are very grateful for all the support and the willingness to work together and share learning so that we might improve outcomes for children and families.

All the Trustees appreciate the inspiration, great work and dedication which the Director, Noelle Spring brings to the Foundation. Thanks are also due to staff who assisted the Director throughout 2018; Gina Allen, Foundation Administrator, Jane Treacy, Finance Officer, Francis Chance, Programme Manager for the Nurture Programme and Marguerite Hanratty who continued to provide strategic planning support.



**David Kingston, Chairperson,
June 2018**

ABOUT US

Our Mission

The Katharine Howard Foundation (KHF) is an independent Foundation focused on improving the lives of young children and their families. The Foundation's work is underpinned by a commitment to equality and overcoming disadvantage and to promoting equality of opportunity for all children.

The Foundation's approach involves working with others in identifying needs, building on existing programmes, making grants and sharing the learning. KHF aims to contribute to the development of policy and practice, particularly in the early years and family support sectors.

Trustees:

David Kingston (Chairperson)
Kieran Bristow
Dermot McCarthy
Maura Murphy
Willie Holmes
Jane Forman

Legal and Financial:

Crawford Tipping F.C.A. – Auditor
Brewin Dolphin – Investment Managers

Staff:

Director - Noelle Spring
Administrator - Gina Allen
Finance Officer – Jane Tracey
Programme Manager - Francis Chance
Strategic Planning Support – Marguerite Hanratty

Contact Information:

The Katharine Howard Foundation
7 Red Cow Lane
Smithfield
Dublin 7

T. 00353 1 6618963 E: info@khf.ie www.khf.ie

BACKGROUND INFORMATION

The Katharine Howard Foundation (KHF) was established in 1979 by Katharine Howard, who was the last survivor of the Earls of Wicklow and resided most of her adult life in Co. Wexford. She set up the Foundation with assistance from friends who agreed to support her by becoming Trustees. Her intention was to support locally based projects and community activities. She was a founder member of the Gorey Girl Guides and was involved in other voluntary organisations such as the Camphill Community that assisted people with disabilities and those involving environmental projects.

Initially she allocated £20,000 to her fund and gradually added more modest funds to the Foundation which continued distributing small amounts of funds until her death in 1990. Subsequently, her estate and that of her American grandmother were then added to her endowment funds and this greatly increased the funding that was available. These funds were then carefully invested by the Trustees who also expanded the organisation and sought advice to become strategic and focused about its grant making.



Key Principles

The key principles that underpin KHF's work are:

- » A belief that KHF can make a difference through focused interventions based on collaboration, reflective learning, adding value and flexibility.
- » A commitment to equality and overcoming disadvantage, in particular, to promote equality of opportunity for all children.
- » A commitment to apply respect, integrity and empathy in all aspects of KHF's work.
- » A commitment to transparency and accountability throughout all KHF's work.

Work of the Foundation

Since the early 1990s the Foundation has operated as an independent all-Ireland grant-making Foundation with a particular emphasis on supporting community projects and initiatives in areas that are socially disadvantaged, particularly those with a focus on families and young children. The work of the Foundation includes:

- » Advocacy and development work;
- » Providing funding through strategic grants;
- » Developing and implementing collaborative innovative programmes/initiatives.

KHF places great emphasis on working in partnership with statutory, community and voluntary organisations and other funders. This partnership approach has proved successful over the years and has affirmed the Foundation's developmental approach to its work in engaging in special projects, especially in the area of young children and family support. KHF has built in a support role accompanying grants where possible. This support role includes an emphasis on designing and planning activities and delivering activities through a considered and reflective approach to project work. The impact of providing funding along with implementation support has strengthened the partnerships made by KHF within the sector in which it operates .

Collaborative initiatives developed by KHF include:

- » Community Playgroup Initiative (2001-2004) in partnership with the South Eastern Health Board;
- » Tallaght West Small Grants Programme (2004-2006) in partnership with The Atlantic Philanthropies;
- » Parent and Toddler Group Initiative (2006-2009) in partnership with the Office of the Minister for Children;
- » Parenting Support Initiative (2013-2016) in partnership with The Community Foundation for Ireland;
- » Nurture Programme: Infant Health and Wellbeing (2015-2019) in partnership with The Atlantic Philanthropies, the Health Service Executive, the Centre for Effective Services and the Community Foundation for Ireland.



The KHF team at the screening of the film, 'Resilience' on 24 September 2018 in the Lighthouse Cinema, Smithfield.

KHF'S PROGRAMME OF WORK 2018

2018 was another busy year for KHF and one that provided many challenges and opportunities. Central to the work was the continued development and implementation of the Foundation's core Programme, the Nurture Programme: Infant Health and Wellbeing, and capturing the learning from the Parenting Support Initiative.

KHF also continued to support projects and initiatives through its strategic grants that linked with its overall focus of supporting children and families in areas of socio-economic disadvantage.

PARENTING SUPPORT INITIATIVE (PSI)

The three-year (2013-2016) Parenting Support Initiative was developed based on consultations with key stakeholders and on research of the Early Year's Sector, where the gap for support for parents of children from pre-birth to three years was identified. The Parenting Support Initiative was a collaborative Initiative developed in partnership with The Community Foundation for Ireland (CFI), which allowed for the pooling of resources to increase the level of funds available for grants. PSI supported a number of projects working in socio-economically disadvantaged areas or specific socially disadvantaged (target) groups engaged in collaborative approaches to working with parents of children from birth to three years.

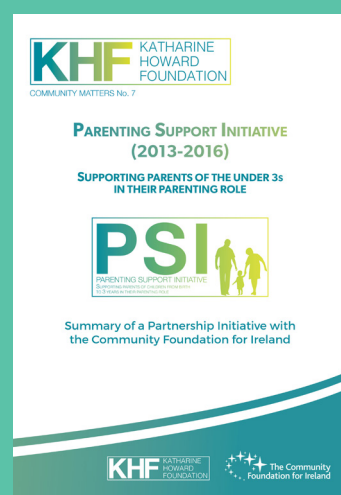
KHF completed its **Community Matters** summary report on the Parenting Support Initiative (PSI) in 2018. **Community Matters** provides an overview of PSI and highlights key learning from the Programme. This report has been widely distributed and can also be accessed on our website.

PSI was focused on supporting prevention and early intervention evidence-informed or evidence-based programmes, practices and approaches that:

- » Supported parents in meeting their children's developmental needs – physical, social, emotional and cognitive;
- » Supported parents as their children's primary educators in creating a positive home learning environment;
- » Supported informal learning of parents with a particular emphasis on parental literacy;
- » Increased parental self-efficacy and confidence in their parenting role;
- » Increased parenting skills and capacity;
- » Reduced parental stress;
- » Promoted positive parent-child interaction and attachments.

A total of 59 organisations from across the country were selected to receive grants under the Initiative; 16 organisations received core grants while 43 organisations received small once-off grants. The amount of the grant allocated ranged from €1,000 - €15,000 (per year for the Core Projects), depending on the category and the focus of the proposed projects. The funded projects came from all 26 counties and included a wide range of organisations within the community and voluntary sector.

KHF is building on the learning from PSI and the Nurture Programme with a view to future developments in supporting parents from pregnancy to 3 years.



THE NURTURE PROGRAMME: INFANT HEALTH AND WELLBEING (2015-2019)

**64,000 babies are born in Ireland each year.
On average a baby is born every 8 minutes!**

The Nurture Programme: Infant Health and Wellbeing is a programme primarily focused on working with the Health Service Executive (HSE) in the development of an integrated approach to service planning and delivery to improve health and wellbeing outcomes for infants and their families

The Nurture Programme (2015– 2019) is funded by The Atlantic Philanthropies (Atlantic). The grant is managed and supported by the Katharine Howard Foundation, the programme of work is delivered by the Health Service Executive and its related agencies and implementation support is provided by the Centre for Effective Services. The Programme completes a long-term cycle of investment by Atlantic with the goal of creating evidence-based policy, services and practice in Ireland. It aligns with Atlantic's commitment to ensure that its final grants deliver impact at the level of long-term, universal, sustainable, systemic change that makes a real difference to the lives of children and their families.

One of the most significant findings from national and international research is that the first two years are the most critical time in a child's development and what happens in this developmental phase can influence the trajectory of a child's life positively or negatively throughout the lifespan of the child. Furthermore, early intervention and prevention offers significant benefits in terms of delivering best outcomes for children and reducing the likelihood of long-term dependency on a wide range of state services.

The Nurture Programme aims to ensure that every parent receives the best possible advice, information and support from conception to the child's third birthday so that each baby gets the best possible start in life.

On becoming pregnant, parents can expect to meet health professionals on a minimum of 25 occasions by the time they celebrate their child's third birthday. This is made up of contacts with Maternity, General Practice and Primary Care services. Under the Nurture Programme, it is intended that parents are given relevant, clear, consistent, timely and evidence-based information and advice on each of these visits. In other words, to make every contact count.

Key developments being advanced under the Nurture Programme include:

- » Strengthening and standardising information and supports during pregnancy and early childhood.
- » Ensuring universal access to the Child Safety Awareness Programme to guard against accidental deaths and unintentional injuries.
- » Introducing the concept of Infant Mental Health in key messages to parents, covering topics like bonding with your baby, parent-child communications and supporting your baby's early learning and emotional development.
- » Encouraging and supporting breastfeeding.
- » Staff training, coaching and the development of resources to support frontline staff in their work

Nurture Programme Implementation Plan (2016-2019): A central part of the work of the Nurture Programme is the implementation of the Programme Implementation Plan (2016-2019). The key structure for the delivery of the Programme is six Implementation Teams:

- » **Training and Resources**
- » **Antenatal to Postnatal**
- » **Health and Wellbeing Promotion and Improvement**
- » **Infant Mental Health and Parenting Supports**
- » **Knowledge and Communication**
- » **Standardised Child Health Records for Parents and Professionals**

Membership of each Implementation Team includes expert HSE practitioners, Centre for Effective Services Implementation Support Staff as well as drawing on expertise from Academic institutions, Tusla and the Community and Voluntary Sector. There are over 100 key personnel (from the HSE and related agencies) positively engaged with the Nurture Programme Implementation Teams. A number of training workshops were also held with Allison Metz, an international advisor on Implementation Science.

A key aspect of the Nurture Programme is ensuring the long-term sustainability of the developments after the Programme comes to an end. This will be achieved under the auspices of the HSE's new National Healthy Childhood Programme which covers all children from birth to 18, with the Nurture Programme enabling the development of service and supports which focus on the period from pregnancy to the child's third birthday.

Progress and Development in 2018: KHF continued to focus on supporting an integrated approach to the development of the Nurture Programme working in collaboration with the other key Programme partners to improve the health and wellbeing outcomes for infants and their families. The Programme planning, development and implementation was progressed in 2018 and was supported and overseen by the Programme Oversight Group and Steering Group structures.

An important development in 2018 was the appointment of 9 Child Health Programme Development Officers – one in each Community Health Organisation around the country. These posts will provide key local support for the sustainability of the work developed under the Nurture Programme.

In December 2018, the HSE launched its new parenting and child health website for parents and for healthcare staff, www.mychild.ie, and its new suite of books for parents: My Pregnancy, My Child 0-2 Years and My Child 3-5 Years.

These key developments would not have occurred without the support and funding of the Nurture Programme.





From left to right: Noelle Spring, KHF, Phil Jennings, HSE, Francis Chance, KHF, Anne Pardy, HSE, Carmel Brennan, HSE, & Aisling Sheehan, CES, at the launch of mychild.ie on 06 December 2018.

Advocacy: A key element of KHF's support for the sustainability of the work of the Nurture Programme is ensuring that early preventative supports for children and families are supported by the wider public policy environment. Important achievements included:

- » **Sláintecare:** KHF was instrumental in ensuring that child health was given key priority in the Sláintecare Report, published in 2017. In 2018, KHF continued to work to secure the implementation of the relevant commitments.
- » **First 5:** The Whole-of-Government Strategy for Babies Young Children and Their Families: This key strategy was launched in November 2018 and KHF played a role in ensuring that child health has been comprehensively addressed in it.

Programme Evaluation: Quality Matters in association with the School of Nursing and Human Sciences at Dublin City University is undertaking the evaluation of the Nurture Programme under the guidance and oversight of an Evaluation Advisory Sub-committee. The Programme is being evaluated to inform the development of the Programme and to identify the learning for other system-change initiatives within health and public sector services.

Infant Development Fund: An important element of the Nurture Programme is the Infant Development Fund which has been established by KHF in collaboration with the Community Foundation for Ireland (CFI) to ensure continuity for the work undertaken through the Parenting Support Initiative (PSI) and The Nurture Programme: Infant Health and Wellbeing and other innovations. The Fund will be a ring fenced, permanent fund of €3m and up to €5m by 2020. The fund will be managed by CFI. During 2018, the fund continued to support a Strategic Review of the Community Mothers Programme which was managed by KHF (See Page 14).

OTHER AREAS OF WORK

CHILDREN'S RIGHTS ALLIANCE (START STRONG EARLY YEARS POST)

Start Strong evolved from the Irish Childcare Policy Network (ICPN) in 2009, with the aim of progressing the early care and education (Birth-6 years) agenda in Ireland and also advocating for increased investment in support services. KHF was a founder member of ICPN and a funder since its start-up phase. The Foundation continued to provide funding to Start Strong along with The Atlantic Philanthropies and the Community Foundation for Ireland (multi-annual 2012-2015).

As Start Strong planned its wind down as an organisation, KHF together with the other two Foundations remained committed to supporting this work and formalised an agreement with the Children's Rights Alliance (CRA) to continue key elements of the work of Start Strong for a three-year period (2016-2018). CRA appointed an Early Years Manager and established an Advisory Group to inform the work. Start Strong's Policy Officer was seconded to the Department of Children and Youth Affairs (DCYA) to work on childcare policy. KHF is a member of the Advisory Group within CRA and manages the grant on behalf of the three Foundations involved, meeting regularly with CRA to support and monitor the grant.

PARENTING NETWORK

KHF is a member of the Steering Group of the Parenting Network. The Network was established in 2010 by the Centre for Effective Services (CES) as an all-Ireland Group with a focus on supporting parents in their parenting role. In late 2017, KHF undertook to provide administrative support on a short-term basis and began hosting the Parenting Network's website.

The Network includes organisation CEOs, including funders, professional bodies and practitioners engaged in direct work along with academics and professional researchers working in this sector. A number of Network meetings were held throughout 2018. Members of the network participated in the Parenting Policy Forum, organised by the Department of Children and Youth Affairs to inform the development of its Parenting Support Policy Unit.

THE PREVENTION & EARLY INTERVENTION NETWORK (PEIN)

PEIN is a Network of evidence-based practice, advocacy and research organisations across the Republic of Ireland that share a commitment to improving outcomes for children, young people, and their communities. The Network was originally funded through The Atlantic Philanthropies Disadvantaged Children and Youth Programme and it first met in 2010.

KHF became a member in 2015 as a way of networking with other organisations with a focus on the importance of Prevention and Early Intervention and its life-long positive effects on outcomes for children and young people, such as better mental health and reduced juvenile crime. KHF sits on the PEIN Planning Group and supported the development of a PEIN policy paper on Early Intervention and Prevention in Child Health and Wellbeing during 2018.

CHILDREN AND YOUNG PEOPLES SERVICES COMMITTEES (CYPSC)

In 2018, the KHF Director continued in the role of chairperson of the CYPSC National Steering Committee on behalf of the Department of Children and Youth Affairs. This involves supporting and guiding local CYPSCs in their work to achieve better outcomes for children and young people. The role also involves representing the CYPSC Initiative on the consortium of Better Outcomes Brighter Futures (the National Policy Framework for Children and Young People (2014-2020) and related working groups as requested by the DCYA.



CYPSC Conference 2018 with Minister for Children and Youth Affairs Dr. Katherine Zappone opening the conference 'Enhancing Child and Youth Well Being', Dr. Noelle Spring, Chairperson CYPSC National Steering Group & Pat Smith, Interim CEO Tusla.

IRISH HEALTHCARE CENTRE AWARDS

Through its work with the Nurture Programme, KHF sponsored a new category of 'Child Health and Wellbeing' in the Irish Healthcare Centre Awards 2018 to further increase the public profile of child health and wellbeing. There was such a high level of entry for the award that the new Child Health and Wellbeing Category was divided into two sections, Hospital/National Centres and Clinic/Specialised Centres. The awards ceremony took place in March 2018.

The winners were:

Healthcare Initiative - Child Health and Wellbeing - Hospital/National Centre: *The Department of Children & Youth Affairs - "The Access and Inclusion Model (AIM)"*



From left to right: Lorraine Dempsey, Special Needs Parents Association, Bernie McNally, DCYA, Anne-Marie Brooks, DCYA, Karen McCarthy, Clare County Childcare Committee, Noelle Spring, KHF, Mairead O'Neill, DCYA, Margaret Rogers, Better Start and Laura McGarrigle, DCYA.

Healthcare Initiative - Child Health and Wellbeing - Clinic/Specialised Centre: *Better Finglas - "Preparing for Life Community Midwife Role within the Area Based Childhood Programme"*

From left to right: Mary O'Callaghan, Community Midwife, Rebecca Moore, Project Leader, Barnardos Better Finglas Programme and Gonne Barry, Asst. Director of Public Health Nursing, HSE.



COMMUNITY MOTHERS PROGRAMME

During 2018 the Katharine Howard Foundation and the Community Foundation for Ireland continued their work on the National Review of the Community Mothers Programme. A key issue for the year was securing the input of Tusla and the Health Service Executive, as the two key statutory partners for the Programme, in finalising the report. Significant progress was made on progressing the recommendations from the Review and it is planned to launch the report in early 2019. KHF is managing the review process with an external consultant contracted to carry out the review. The review process is overseen and supported by a Steering Group with representation from the Katharine Howard Foundation, the Health Service Executive and Tusla.

GIVING OUR CHILDREN THE BEST START IN LIFE THE VOICES OF PARENTS

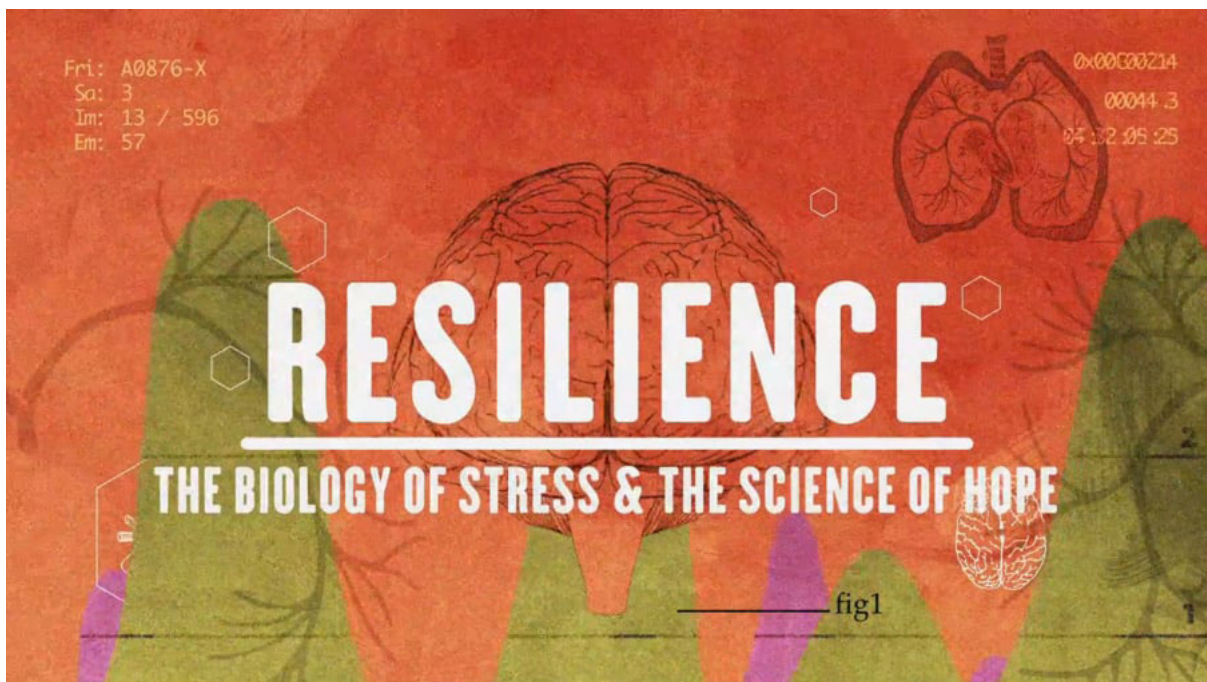


PARENTS SURVEY

KHF conducted an online survey in late 2017. 'Giving Our Children the Best Start in Life' targeting parent's views about their experiences of pregnancy and early childhood. 481 parents (with a combined total of 888 children) completed the survey and a researcher was contracted to carry out data analysis and write up a report. The report was finalised in 2018 and disseminated widely. There were opportunities to present the findings at a number of conferences, as well as at an event in the Houses of the Oireachtas.



On 21 March 2018, at an event organised by Barnardos in Leinster House, KHF gave TDs and Senators a preview of the findings from our online survey of parents. From left to right: Amanda Pyron, Barnardos, Deputy Anne Rabbitte, TD, Amy McArdle, Early Childhood Ireland, Fergus Finlay, Barnardos and Francis Chance, KHF.



RESILIENCE SCREENING

In September 2018, KHF, HSE and Tusla jointly organised a screening of the film “Resilience” and a post-screening discussion targeted at the key leadership in HSE, Tusla, the Department of Health and the Department of Children and Youth Affairs. The film demonstrates the US evidence on the impact of Adverse Childhood Experiences (ACEs) on long term health outcomes and is a very powerful advocacy tool for the development of prevention and early intervention approaches. The event was attended by 69 people. Fred McBride, Chief Executive of Tusla introduced the film and the discussion panel included David Walsh, National Director of Community Operations in the HSE, Fergal Landy, Regional Implementation Manager for Prevention, Partnership and Family Support in Tusla and was moderated by Tanya Ward, Chief Executive of the Children’s Rights Alliance. Feedback from attendees was very positive.



Tanya Ward, CEO Childrens Rights Alliance, chairs a discussion with the audience and panel, David Walsh, HSE and Fergal Landy, Tusla at the Resilience film screening.



From left to right: Noelle Spring and Francis Chance, KHF, Tanya Ward, Children’s Rights Alliance, Fergal Landy, Tusla, David Kingston and Willie Holmes, KHF Trustees.

Anna Newell
in association with The Civic
presents

I AM BABA

A magical adventure of song, lights and textures for babies
aged 0-12 months.



Barnardos Centre
Castle Hill, Templeshannon, Enniscorthy
Friday 2nd November @ 11am, 12 noon,
2.15 pm and 3.15 pm

Tickets: Each ticket admits 1 baby under 12 months
and 1 adult - free of charge. Limited capacity.
Booking: 053-9237156
Email: info@wexfordchildcare.ie



Design by Jen Sheppard Photography.

'I AM BABA', A PLAY FOR BABIES

In November 2017, as part of Universal Children's Day, the Katharine Howard Foundation organised a staging of "Incy Wincy Spider" an interactive play for babies aged 0-12 months and their parents, in conjunction with the Arts Office of Dublin City Council. In 2018, we supported a national tour of the play, I Am Baba, sponsoring 9 days of performances of the play, one in each of the HSE's Community Health Organisation (CHO) Areas. The staging took place in a wide range of facilities including public libraries and community centres. The tour was facilitated by colleagues across the community and voluntary sector as well as the HSE Public Health Nursing Service. Feedback from parents and babies was very positive.

For more information, see www.annawell.co.uk/babies

KHF STRATEGIC GRANTS 2018

The Foundation continued to fund a number of grants to support other organisations and groups involved in work linked to KHF's strategic plan and which provide great learning opportunities. A small number of strategic grants were made to support work in the children and family support sector.

KHF strategic grants often involved securing matching or co-funding from other Foundations and Trusts.

Organisation	Project Funded	Grant (€)
Errigal Truagh Parents & Friends CLG	Special Needs Project	€5,000
Anam Cara	Funding towards Family Day Event	€5,000
Children's Rights Alliance (Co-funded with Atlantic Philanthropies & Community Foundation for Ireland)	Employment of Early Years Manager	€51,002
Common Purpose	Bursary on Meridian Leadership Programme 2017/18	€3,000
Lifestart Donegal	Publishing of second edition of Babbling Babies Rhyme Time and Action song book	€2,855
Kinship Care Ireland	Stakeholders Workshop	€1,000
Total		€67,857



Caitríona Nic Mhuiris hosts the first Kinship Care Ireland workshop with Stakeholders in KHF offices.



Lifestart Donegal, second edition of Babbling Babies Rhyme Time and Action Song Book.

STRUCTURE, GOVERNANCE AND RISK MANAGEMENT

The Katharine Howard Foundation is a registered charity with the Charities Regulatory Authority: CRA Number 20010928. It also holds a Revenue Charity number: CHY 6255. The Foundation was established by a trust deed on 14 June 1979 and amended by a deed of variation on 25 November 1986.

The Trustees of the Foundation are those listed on page 20. New Trustees are appointed by existing Trustees. A scheme of delegation is in place and day to day responsibilities for the implementation of the current strategic plan rest with the Director assisted by three Trustee subcommittees: Finance and Investment; Implementation Support and Human Resources.

The Director has responsibility for the operational management of the Foundation, including staff supervision and team development, in line with best practice. Trustee meetings are held at least four times a year and include a review of what was achieved and the outcomes of the work over the past 12 months. This review helps to ensure that the objectives and activities remain focused on the stated aims of the Foundation. All grants are reviewed and approved by the Trustees. All Trustees give their time and expertise voluntarily, without any form of remuneration in cash or kind. The Foundation is an associate member of the Association of Charitable Foundations (ACF), a support organisation for grant making trusts and foundations in the UK. KHF liaises with other foundations operating in Ireland on sectoral issues and joint grant making. KHF is also a member of the Prevention and Early Intervention Network (PEIN) and the Parenting Network. The Director and staff of the Foundation are assisted by establishing advisory groups for the various programmes and initiatives. In 2018 this included the Advisory Group for the Parenting Support Initiative and Steering Group and Oversight Group for the Nurture Programme: Infant Health and Wellbeing.

RISK MANAGEMENT

The Trustees are aware of the risks to which the Foundation is exposed, in particular those related to the finances and operations of the organisation and are satisfied that systems and procedures are in place to manage exposure to the major risks. The principal risks faced by the Trustees lie in the performance of investments and the operational risks of ineffective grant making.

The Trustees consider variability of investment returns on its equities, fixed interest stocks and cash constitute the Foundation's major financial risk. This is mitigated by retaining expert investment managers, Tilman Brewin Dolphin and having a diversified investment portfolio. A medium risk level is deemed to be most suitable for the Foundation's investment and at least two meetings a year are held with the investment managers to oversee this approach. The Finance and Investment Subcommittee assists the Trustees with the oversight of the investments and reports at each Trustee meeting. In late 2017, the Trustees agreed to formally review the investment policies and contracted a consultancy firm, Acuvest, to undertake this review. The review was finalised in October 2018. Arising from the review, the Trustees decided to transfer the management of the investment funds to Irish Life Investment Managers. The transfer is to take place in early 2019.

The major operational risk is the extent to which the grants awarded make an impact on the intended beneficiaries. The review and reflection approach taken by the Foundation is informed by the reports received from grantees and/or programme partners. Recipients of strategic grants are required to provide a progress report within a year of the grant being allocated. This includes information on the grant purpose, project outline, expenditure and information on what was achieved through the grant. Projects in receipt of multiannual funding through a specific programme, such as the Parenting Support Initiative, also provide additional information obtained through individual project evaluations. This learning then informs KHF's approach to assessment for future funding.

INCOME & EXPENDITURE SUMMARY BALANCE SHEET

Income & Expenditure		
Income	2018	2017
Investment Income	247,746	229,800
Restricted Programme Income		
PSI		10,000
Community Mothers Programme Review	11,000	20,000
Early Years Manager (Children's Rights Alliance)	36,002	50,919
Nurture Programme	1,000,000	3,500,000
Total Income	1,294,748	3,810,719
Expenditure	2018	2017
Grants Allocated	67,857	125,439
Nurture Programme	2,356,351	2,116,993
Staff Costs	302,280	327,879
Governance Costs	5,000	5,000
Cost of Generating Funds	18,299	18,284
Support Costs	73,504	58,384
Total	2,823,292	2,651,979

Summary Balance Sheet		
	2018	2017
Financial Assets	8,322,494	7,851,012
Current Assets	2,874,313	3,289,547
Current Liabilities	-42,576	-93,786
Total Funds 31 December	11,154,231	13,197,580

The financial information on this page has been extracted from the Katharine Howard Foundation's Audited Financial Statements for year ended 31 December 2018 which were approved by the Trustees in June 2018.

KHF TRUSTEES



David Kingston (Chairperson)

David Kingston has spent his working life in insurance, investment and pensions. Originally from Co. Derry, he went to university in England and qualified as an actuary in Scotland before moving to Dublin in 1968. He has a special interest in equality, particularly equality of opportunity. He has been a Trustee of the Katharine Howard Foundation since 1998 and holds the position of Chairperson since 2004. He is also a member of the Human Resources sub-committee.



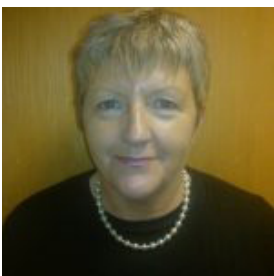
Kieran Bristow

Kieran Bristow has worked his entire career in Financial Services including General Insurance, Life Assurance, Investment Management and as a Bank Treasurer. He has been a Trustee representative on a school board with specific responsibility for Finance. Kieran became a Trustee of the Katharine Howard Foundation in May 2012. He is also the Chairperson of the Finance and Investment sub-committee.



Dermot McCarthy

Dermot McCarthy is a former civil servant who worked in a range of government departments and was involved in a variety of areas of policy development and coordination, including anti-poverty strategy and local development. He has long been involved in voluntary and community organisations and serves on the boards of a number of voluntary and charitable bodies. Dermot became a Trustee of the Katharine Howard Foundation in February 2013. He is also a member of the Implementation Support sub-committee.



Maura Murphy

Maura is from Co. Wexford and trained as a nurse in the Mater Hospital, Dublin. She worked for the Health Service Executive and Tusla (Child and Family Agency) for 36 years (she retired from Tusla at the end of 2015). She was employed as a Public Health Nurse in New Ross Health Centre for 10 years and was appointed as Preschool Services Officer in 1995. During the past number of years, Maura has completed a BSc. Honours in Psychology and an MA (Ed) in Lifelong Learning. She has been involved with many voluntary and statutory agencies in the development of Preschool services in Co. Wexford and was a former board member of Wexford County Childcare Committee. She is passionate about the needs and rights of children and their families and the promotion of excellent standards of care and education for preschool children. Maura became a Trustee of the Katharine Howard Foundation in February 2015.



Willie Holmes

Willie Holmes, an Actuary by profession, has spent his working life in insurance, investment and pensions. He is a recent Past President of the Life Insurance Association, which provides training to the financial services industry and is currently a Director of the Financial Planning Standards Board Ireland. He is a former chairman of Celbridge GAA Club, joint founder of the Fr. John Nevin Scholarship Fund for Pakistan and is currently chairman of the Maynooth Parish Finance Committee. He became a Trustee of the Katharine Howard Foundation in 2017. He is also a member of the Finance and Investment sub-committee.



Jane Forman

Prior to her retirement, Jane worked as a Programme Executive for the Children and Youth Programme with The Atlantic Philanthropies. Jane has a background in vocational training and education and has fulfilled several senior management roles including operations management, programme development and business development with the Rehab Group and FAS. She spent ten years as Chairperson of the Tallaght Partnership and has significant board experience in the community and voluntary sector. She holds an MA from St Andrew's University, an MBA from The Open University and an Institute of Directors Diploma in Company Direction. She became a Trustee of the Katharine Howard Foundation in 2018.

KHF TEAM



Dr. Noelle Spring, Director

Noelle has worked with KHF as Director since 1999. Her work with the Foundation has included designing, implementing and managing special grant initiatives including general grant schemes, demonstration programmes and research projects. Prior to working with KHF, Noelle worked as a Project Officer with the Combat Poverty Agency and a Community Development Worker and Social Worker with the HSE (formerly the Eastern Health Board).

A graduate of Social Work from Trinity College Dublin, Noelle was conferred in 2011 with a Doctorate in Education by St Patrick's College of Education in Dublin. Her doctoral thesis focused on absenteeism at Primary School Level in an area designated as disadvantaged. Noelle was appointed Chairperson to the National Steering Group of the Children and Young People's Services Committee in November 2016.



Gina Allen, Foundation Administrator

Gina joined KHF in 2014 to manage operational administration and programme support for the Foundation. She is an honours graduate of UCD with a degree in French and Spanish, spending her summers in Spain during her academic life. After completing college, she joined the Department of An Taoiseach for 3 years, working in the Information Society Commission.

Following a period of travel, she returned to Ireland in 2000, joining Accenture European Service Centre, before moving to The Coca-Cola Company in 2004 where she got involved in the company's corporate citizenship programme. Gina returned to Australia in 2007 but a desire to work in the not-for-profit area in Ireland brought her back to Dublin in 2010 where she started volunteering initially, before joining the team at Suas Educational Development fulltime from 2010-2014.



Francis Chance, Programme Manager

Francis joined KHF as Programme Manager of The Nurture Programme – Infant Health and Wellbeing in July 2015. Francis is a Professionally Qualified Social Worker with 40 years of experience of working with children in Ireland in both the statutory and voluntary sectors. From 1983 to 2000, he worked in Children and Family Services within the Eastern Health Board and, latterly, the Northern Area Health Board. He held several roles including that of a Community Care Social Worker, a Community Development Worker, a Social Work Team Leader and Principal Social Worker for the North Inner City and Ballymun areas of Dublin.

In 2000, Francis joined Barnardos as a Regional Manager and was appointed to the post of Assistant Director of Children's Services in 2004. In this capacity he was responsible for the planning, development and delivery of services in one of Barnardos five regions and participated in the national governance and development of the organisation.

Francis has considerable experience in working strategically on committees and working groups at national, regional and local levels including the HSE Expert Group on Children (2006-2009), the Tallaght West Childhood Development Initiative, the South Dublin Children's Services Committee and the National Steering Group for Children's Services Committees. From 2013 to 2015 Francis was a member of KHF's Advisory Group for the Parenting Support Initiative.



Jane Treacy, Finance Officer

Jane joined KHF as Finance Officer in January 2016, having worked with KHF on their financial systems for the previous four years on a sessional basis. Jane's background is in IT and she worked previously with Irish software consultancy Prose (now part of Version 1) for twenty years. Her role as Software Development Manager involved working on a variety of financial and bespoke projects for a number of government departments, RTE and private business.

Jane joined the not for profit sector in 2007 working with Irish Charities Tax Research Ltd, who provided leadership and support for the Irish charity sector, managing their membership and financial systems. In 2012, she moved to the Insurance Institute of Ireland, a not-for-profit educational body, to work as a Systems Development Specialist on their student/member interface.



Marguerite Hanratty, Strategic Planning Support

Marguerite has worked with KHF over many years in a strategic planning/programme consultancy role. Marguerite is a professionally qualified Social Worker and worked with the Health Service Executive (HSE) for 17 years, as a Social Worker and subsequently as a Community Development Worker in the Clondalkin area of Dublin. Over the past 15 years she has worked as an independent consultant providing a range of supports and services to community, voluntary and statutory organisations with a particular focus on the planning and development of new projects, programmes and initiatives.

In her role with KHF, Marguerite has supported the Director in relation to the overall strategic planning of the Foundation's work and in particular the planning and development of a number of new programmes/initiatives including the Tallaght West Small Grants Programme (2004-2006), the Parent and Toddler Group Initiative (2006-2008) and more recently with the Parenting Support Initiative (PSI) (2013-2016) and the Nurture Programme - Infant Health and Wellbeing (2015-2019).



