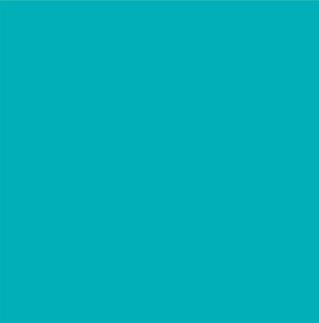
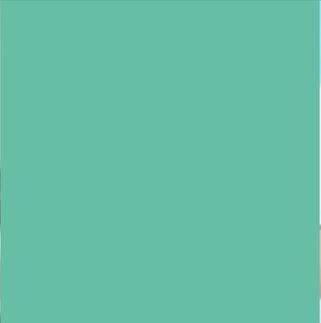
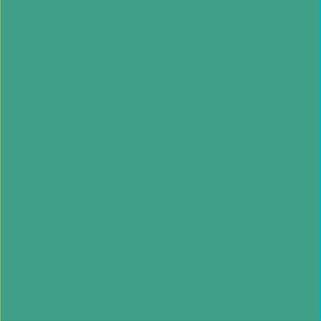


# KHF KATHARINE HOWARD FOUNDATION

## ANNUAL REPORT 2019



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# CHAIRPERSON'S REPORT

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As chairperson of the Katharine Howard Foundation (KHF) I am delighted to introduce the Foundation's 2019 Annual Report and Financial Statement. The report provides an overview of our work during the year.

KHF, as an independent Irish grant-making Foundation works to improve the lives of young children and their families with a particular focus on working with and supporting children from 0-3 years and their families. Our work is underpinned by a commitment

to equality, overcoming disadvantage and promoting equal opportunities for all children. The Foundation also aims to influence policy and practice by sharing the learning from its specific programmes and strategic grants with a view to achieving better outcomes for children, young people, families and communities.

Over the years we have implemented a number of strategic grant programmes and through this work have developed a positive track record of working in partnership with statutory, community and voluntary organisations and other funders. This partnership approach has proved successful over the years in helping the Foundation to meet its objectives.

KHF has continued to work closely with other Foundations such as The Atlantic Philanthropies and the Community Foundation for Ireland whereby co-funding arrangements were in place towards specific grant programmes. In addition, KHF networked with other organisations in the philanthropic sector including Philanthropy Ireland.

A key priority for the Foundation in 2019 was the continued development and implementation of the Nurture Programme: Infant Health and Wellbeing as the Programme moved into its final year. The Programme has been developed and implemented in partnership with The Atlantic Philanthropies (Atlantic), the Health Services Executive and the Centre for Effective Services. The Programme aims to support the strategic reform of universal health and wellbeing services provided by the Health Service Executive during pregnancy and the first three years of a child's life. The Atlantic grant for the Programme is managed and supported by KHF. Key developments advanced under the Nurture Programme include:

- Strengthening and standardising information and supports during pregnancy and early childhood through the development of a new website [www.mychild.ie](http://www.mychild.ie), a new 'My Pregnancy' book and the updating of two HSE books My Child 0-2 Years and My Child 2-5 Years
- Encouraging and supporting breastfeeding
- Developing National Standards for Antenatal Education
- Ensuring universal access to a Child Safety Awareness Programme
- Introducing the concept of Infant Mental Health in key messages to parents, covering topics like bonding with your baby, parent-child communications and supporting your baby's early learning and emotional development
- Providing a new framework for HSE staff training, coaching and the development of resources to support frontline staff in their work with infants and their families.

An important element of the Foundation's work with the Nurture Programme in 2019 was managing the final phase of the Programme Evaluation which was undertaken by independent evaluators Quality Matters in partnership with Dublin City University.

In December 2019, the Final Evaluation Report was launched at a well attended conference along with a brief video. A learning report 'Delivering Systems Change' was also produced to share the lessons from the Programme.

Future planning for the Nurture Programme includes supporting the implementation of a Sustainability Plan agreed with the HSE in 2019 which outlines structures and supports required to sustain the work into the future.

It is also encouraging that the Infant Development Fund which was established as part of the Nurture Programme in collaboration with the Community Foundation for Ireland will continue to build on and support the work of both the Parenting Support Initiative 2013-2016 (PSI) and the Nurture Programme.



*KHF received the Brian Wilson Philanthropist of the Year 2019 award from the Community Foundation for Ireland in January 2019.*

*From left to right: Maura Murphy, KHF Trustee, Dr. Noelle Spring, Director KHF, Tina Roche, CEO Community Foundation for Ireland and David Kingston, KHF Trustee.*

KHF's experience of working in partnership with Atlantic, the HSE, CES and CFI continued to be very productive and supportive throughout the development and implementation of the Nurture Programme and has provided a lot of valuable learning for us as a Foundation.

Our commitment to a range of strategic grants was also maintained and enhanced by the Foundation during 2019 and KHF welcomed the opportunity to continue its approach to responding to the needs of children and families in a flexible and creative manner with a view to ensuring best outcomes for children and families.

In January 2019 the Foundation was delighted to be selected by the Community Foundation for Ireland to receive an award for Leadership in Philanthropy. This award was a wonderful recognition for our work as a Foundation. We look forward to continuing this work and planning future programmes and initiatives in response to new emerging needs and working in partnership with others to improve children's lives.

I am very grateful to my fellow Trustees for their ongoing commitment to the governance of the Foundation. Thanks, are also due to the numerous individuals and organisations that assisted KHF, formally and informally, during 2019. We are very grateful for all the support and the willingness to work together and share learning so that we might improve outcomes for children and families.

All the Trustees appreciate the inspiration, great work and dedication which the Director, Noelle Spring brings to the Foundation. Thanks, are also due to staff who assisted the Director throughout 2019; Gina Allen Administrator, Jane Treacy Finance Officer, Francis Chance, Programme Manager for the Nurture Programme and Marguerite Hanratty who continued to provide strategic planning support.

A handwritten signature in black ink that reads "D Kingston".

**David Kingston, Chairperson,  
June 2019**

# ABOUT US

## Our Mission

The Katharine Howard Foundation (KHF) is an independent Foundation focused on improving the lives of young children and their families. The Foundation's work is underpinned by a commitment to equality and overcoming disadvantage and to promoting equality of opportunity for all children.

The Foundation's approach involves working with others in identifying needs, building on existing programmes, making grants and sharing the learning. KHF aims to contribute to the development of policy and practice, particularly in the early years and family support sectors.

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## Trustees:

David Kingston (Chairperson)  
Kieran Bristow  
Dermot McCarthy  
Maura Murphy  
Willie Holmes  
Jane Forman

## Legal and Financial:

Crawford Tipping F.C.A. – Auditor  
Brewin Dolphin Ireland  
(until 15 April 2019)  
Irish Life Investment Managers (ILIM)  
(from April 2019)

## Staff:

Director - Noelle Spring  
Administrator - Gina Allen  
Finance Officer – Jane Treacy  
Programme Manager - Francis Chance  
Strategic Planning Support – Marguerite Hanratty

## BACKGROUND TO THE FOUNDATION

The Katharine Howard Foundation (KHF) was established in 1979 by Katharine Howard, who was the last survivor of the Earls of Wicklow and resided most of her adult life in Co. Wexford. She set up the Foundation with assistance from friends who agreed to support her by becoming Trustees. Her intention was to support locally based projects and community activities. She was a founder member of the Gorey Girl Guides and was involved in other voluntary organisations such as the Camphill Community that assisted people with disabilities and others, involving environmental projects.

Initially she allocated £20,000 to her fund and gradually added more modest funds to the Foundation which continued distributing small amounts of funds until her death in 1990. Subsequently her estate and that of her American grandmother were then added to her endowment funds and this greatly increased the funding that was available. These funds were then carefully invested by the Trustees who also expanded the organisation and sought advice to become strategic and focused about its grant making.



## Key Principles

The key principles that underpin KHF's work are:

- A belief that KHF can make a difference through focused interventions based on collaboration, reflective learning, adding value and flexibility.
- A commitment to equality and overcoming disadvantage, in particular, to promote equality of opportunity for all children.
- A commitment to apply respect, integrity and empathy in all aspects of KHF's work.
- A commitment to transparency and accountability throughout all KHF's work.

## Work of the Foundation

Since the early 1990s the Foundation has operated as an independent all Ireland grant making Foundation with a particular emphasis on supporting community projects and initiatives in areas that are socially disadvantaged, particularly those with a focus on families and young children.

The work of the Foundation includes:

- Advocacy and development work;
- Providing funding through strategic grants;
- Developing and implementing collaborative innovative programmes/initiatives.

KHF places great emphasis on working in partnership with statutory, community and voluntary organisations and other funders. This partnership approach has proved successful over the years and has affirmed the Foundation's developmental approach to its work in engaging in special projects especially in the area of young children and family support. KHF has built in a support role accompanying grants where possible. This support role includes an emphasis on designing and planning Programmes and Initiatives and supporting delivery and implementation through a considered and reflective approach. The impact of providing funding along with implementation support has strengthened the partnerships made by KHF within the sector in which it operates.

Collaborative initiatives developed by KHF include:

- Community Playgroup Initiative (2001-2004) in partnership with the South Eastern Health Board;
- Tallaght West Small Grants Programme (2004-2006) in partnership with The Atlantic Philanthropies;
- Parent and Toddler Group Initiative (2006-2009) in partnership with the Office of the Minister for Children;
- Parenting Support Initiative (2013-2016) in partnership with The Community Foundation for Ireland;
- Nurture Programme: Infant Health and Wellbeing (2015-2019) in partnership with The Atlantic Philanthropies, the Health Service Executive, the Centre for Effective Services and the Community Foundation for Ireland.

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# KHF'S PROGRAMME OF WORK 2019

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2019 was another interesting and busy year for KHF and one that provided both challenges and opportunities. Central to the work was the continued development and implementation of the Foundation's core Programme, the Nurture Programme: Infant Health and Wellbeing, as it moved into its final year of implementation.

KHF also continued to support a range of projects and initiatives through its strategic grants that linked with its overall focus of supporting children and families in areas of socio-economic disadvantage.

The Community Mothers Programme review process was also completed in 2019 and funding has been secured for the implementation of its recommendations. This important process was undertaken in collaboration with the HSE and Tusla and supported by the Community Foundation for Ireland through the Infant Development Fund.

# THE NURTURE PROGRAMME: INFANT HEALTH AND WELLBEING

The Nurture Programme: Infant Health and Wellbeing is a programme primarily focused on working with the Health Service Executive (HSE), in the development of an integrated approach to service planning and delivery to improve health and wellbeing outcomes in pregnancy and the first three years of a child's life.

The Nurture Programme (2015– 2019) is funded through a grant from The Atlantic Philanthropies. This grant is managed and supported by the Katharine Howard Foundation, the programme of work is delivered by the Health Service Executive and its related agencies and implementation support is provided by the Centre for Effective Services. The Programme completes a long-term cycle of investment by Atlantic with the goal of creating evidence-based policy, services and practice in Ireland. It aligns with Atlantic's commitment to ensure that its final grants deliver impact at the level of long-term, universal, sustainable, systemic change that makes a real difference to the lives of children and their families.

One of the most significant findings from national and international research is that the first three years are the most critical time in a child's development and what happens in this developmental phase can influence the trajectory of a child's life positively or negatively throughout their lifespan. Furthermore, early intervention and prevention offers significant benefits in terms of delivering best outcomes for children and reducing the likelihood of long-term dependency on a wide range of state services.

The Nurture Programme aims to ensure that every parent receives the best advice, information and support from conception to the child's third birthday so that each baby gets the best possible start in life.

Parents can expect to meet health professionals on a minimum of 25 occasions from pregnancy until they celebrate their child's third birthday. This includes contacts with Maternity, General Practice and Primary Care services. Under the Nurture Programme, it is intended that parents will receive relevant, clear, consistent, timely and evidence-based information and advice on each of these visits. In other words, to make every contact count.

A central focus of the work of the Nurture Programme is the implementation of the Programme Implementation Plan (2016-2019) through six Implementation Teams:

- Training and Resources
- Antenatal to Postnatal
- Health and Wellbeing Promotion and Improvement
- Infant Mental Health and Supporting Parents
- Knowledge and Communication
- Standardised Child Health Records for Parents and Professionals



Through the Nurture Programme, a range of new evidence-based tools and resources have been developed for parents and child health practitioners. Key developments under the Nurture Programme include:

- The new [www.mychild.ie](http://www.mychild.ie) website
- The new My Pregnancy, updated My Child 0-2 years and My Child 2-5 years books
- New national standards for antenatal education
- A blended learning training framework and programme for all health professionals working in pregnancy and early childhood
- Standardised child health record
- Standardised developmental screening tool and other resources to support practice
- The inclusion of information and resources to support children's emotional as well as their physical development

A key aspect of the Nurture Programme is ensuring the long-term sustainability of these developments after the Programme comes to an end. This will be achieved under the auspices of the HSE's National Healthy Childhood Programme which covers services for children from birth to 18 years, with the Nurture Programme enabling the development of services and supports which focus on the period from pregnancy to the child's third birthday.



*Caroline Gardner, CEO Quality Matters (left) and Paul Reid, CEO, HSE (right) speaking at the launch of the Nurture Programme Evaluation launch on the 17 December 2019*

## Progress and Development in 2019

KHF continued to focus on supporting an integrated approach to the implementation and effective completion of the Nurture Programme working in collaboration with the other key Programme partners to improve the health and wellbeing outcomes for infants and their families. The Programme planning, development and implementation in 2019 continued to be supported and overseen by the Programme Oversight Group and Steering Group structures. During 2019, the Nurture Programme Sustainability Plan to support the embedding of the work was agreed with the HSE.



Central to the Foundation's work with the Nurture Programme in 2019 was managing the final stage of the Programme evaluation process. Quality Matters in partnership with Dublin City University undertook the evaluation of the Programme under the guidance and oversight of the Evaluation Advisory sub-committee. The Programme is being evaluated to inform the development of the Programme and to identify the learning for other system-change initiatives within health and public sector services.

The final evaluation included an **Overall Final Evaluation Report, A Summary Evaluation Report** and a short explanatory video which were launched on the 17 December 2019 by Paul Reid, HSE Chief Executive Officer. The event was primarily for HSE staff and the representatives of the key Programme partners.

An additional report '**Delivering Systems Change: lessons from the Nurture Programme: Infant Health and Wellbeing**', will be launched in early 2020 aimed at those involved in systems change and service development initiatives in the health services and other public services for individuals, families and communities.

## OTHER NURTURE PROGRAMME DEVELOPMENTS

A key element of KHF's role in supporting the sustainability of the work of the Nurture Programme has been ensuring that early preventative supports for children and families are supported by the wider public policy environment. Important developments in 2019 included:

### **Infant Development Fund:**

The Infant Development Fund, an important element of the Nurture Programme, was established by the Community Foundation for Ireland (CFI) in collaboration with KHF. The aim of the fund is to ensure continuity of support for work undertaken through The Nurture Programme: Infant Health and Wellbeing and other innovations aimed at supporting families and young children. The Fund is a ring fenced, permanent fund of €3m and is managed by CFI, in collaboration with KHF. During 2019, the fund continued to support the completion of the Strategic Review of the Community Mothers Programme which was managed by KHF.

### **Sláintecare Report (2017):**

KHF continued to work to secure the implementation of the Sláintecare Report commitments in relation to child health and wellbeing. In February 2019, KHF met with Laura Magahy, Executive Director of the Sláintecare Programme Office to progress discussions on the Nurture Programme and the wider work of the Foundation.

### **First 5:**

The Whole-of-Government Strategy for Babies Young Children and Their Families (2018): Throughout the year, KHF has engaged with the Department of Children and Youth Affairs and the Department of Health to support and progress key aspects of this strategy relating to child health and wellbeing and supporting parents.

The Nurture Programme Partners presented a workshop at the **Global Implementation Conference in September 2019 in Glasgow** entitled "Scaling and sustaining complex systems change: Learning from two national child health service initiatives".

In September 2019, the Nurture Programme was shortlisted in the **Child Health and Wellbeing category at the Irish Healthcare Centre Awards** with an entry entitled 'My Child Resources – Providing Evidence-Based Advice on Child Health'.



*From left to right: Sheila Sugrue, Laura Smith, Brenda McCormack, Anne Parry, Francis Chance, Jacinta Egan, Sarah Hensey, Carmel Brennan, Fiona Maguire.*



*From left to right: Barbara Smith and Phil Strain (University of Denver), Aisling Sheehan (CES), Francis Chance (KHF), Anne Parry (HSE), Siobhan Slavin (Early Intervention Transformation Programme, Northern Ireland).*

## KHF'S OTHER AREAS OF WORK

The Foundation continued to work in partnership with statutory, community and voluntary organisations and other funders. This collaborative working is central to KHF's approach to all of its work in supporting children and families with a key emphasis on the importance of prevention and early intervention in improving outcomes for children. The following section highlights some of this collaborative work.

### COMMUNITY MOTHERS PROGRAMME (CMP)

During 2019 the Katharine Howard Foundation and the Community Foundation for Ireland completed their work on the National Review of the Community Mothers Programme, in partnership with Tusla and the Health Service Executive. The **CMP Review Report** was launched in April 2019 by Bernie McNally, Assistant Secretary in the Department of Children and Youth Affairs at a very successful event.

The report recommended a development process, drawing on the combined experience and expertise of the local CMP services, to develop a single updated national model for the Programme, supported by a national dataset and a range of wraparound community supports.

In September 2019, KHF in a partnership led by the Early Learning

Initiative at the National College for Ireland (NCI), secured funding to implement the recommendations of the CMP Review. The funding is allocated through the **Sláintecare Integration Fund**, with matching funding from a private funder secured by NCI. The CMP Development Project is ready to commence work in early 2020 with a view to concluding in 2021 and will be supported by an Oversight Group with representatives from NCI, HSE, Tusla and KHF.



*Bernie McNally, Assistant Secretary DCYA, launching the CMP Report in the Richmond Centre, 11 April 2019.*

### PARENTING NETWORK

KHF is a member of the Steering Group of the Parenting Network. The Network was established in 2010 by the Centre for Effective Services (CES) as an all-Ireland Group with a focus on supporting parents in their parenting role. The Network includes organisation CEOs, including funders, professional bodies and practitioners engaged in direct work along with academics and professional researchers working in this sector. A number of Network meetings were held throughout 2019.

In 2017, KHF undertook to provide the Parenting Network with administrative support on a short-term basis and also hosted the Network's website until 2019. The Network was successful in 2019 with its application to the Department of Children and Youth Affairs for

a Networking Grant to support the future development of the Network. Through this support, developments in 2019 included finalising a policy response to the First 5 Strategy Implementation Plan; building on the Network's communication strategy with members, including the development of a website and; connecting with the new Parenting Policy Support Unit in DCYA. There was also a focus on a number of learning events, where member organisations came together to explore themes relevant to supporting parents. A Workshop on 'co-production with parents' is also planned for early 2020.



*The Parenting Network members at the Steering Group meeting in Belfast, NI.*

## **THE PREVENTION & EARLY INTERVENTION NETWORK**

(PEIN) is a network of evidence-based practice, advocacy and research organisations across the Republic of Ireland that share a commitment to improving outcomes for children, young people, and their communities. PEIN was originally funded through The Atlantic Philanthropies Disadvantaged Children and Youth Programme and it first met in 2010. KHF became a member in 2015 as a way of networking with other organisations with a focus on the importance of Prevention and Early Intervention and its life-long positive effects on outcomes for children and young people, such as better mental health and reduced juvenile crime. KHF is a member of the PEIN Executive Committee and supported the development of an updated PEIN policy paper on Early Intervention and Prevention in Child Health and Wellbeing during 2019.



*From left to right: Emma Reilly, Chair of PEIN's Working Group on Adverse Childhood Experiences, Professor Trevor Spratt, Trinity College, Francis Chance, Chair of PEIN Working Group on Child Health and Wellbeing.*

## **CHILDREN AND YOUNG PEOPLES SERVICES COMMITTEE (CYPSC):**

In September 2019 the KHF Director completed her role as chairperson of the CYPSC National Steering Committee on behalf of the Department of Children and Youth Affairs. The role involved supporting and guiding local CYPSCs in their work to achieve better outcomes for children and young people. The role also involved representing the CYPSC Initiative on the consortium of Better Outcomes Brighter Futures (the National Policy Framework for Children and Young People 2014-2020) and related working groups as requested by the DCYA. This included participating in advisory groups to plan for the transfer of the Area Based Childhood Programme to Tusla from September 2019 and the establishment of the WHAT WORKS initiative to support a move towards evidence informed prevention and early intervention services for children, young people and their families. KHF plans to continue to build on its positive relationship with DCYA.

## **CHILDREN'S RIGHTS ALLIANCE**

Start Strong evolved from the Irish Childcare Policy Network (ICPN) in 2009, with the aim of progressing the early care and education (birth-6 years) agenda in Ireland and also advocating for increased investment in support services. KHF was a founder member of ICPN and a funder since its start-up phase. The Foundation continued to provide funding to Start Strong along with The Atlantic Philanthropies and the Community Foundation for Ireland (multi-annual 2012-2015). As Start Strong planned its wind down as an organisation, KHF together with the other two Foundations remained committed to supporting this work and formalised an agreement with the Children's Rights Alliance (CRA) to continue key elements of the work of Start Strong for a three-year period (2016-2019). CRA appointed an Early Years Manager and established an Advisory Group to inform the work.

KHF is a member of the Advisory Group supporting CRA's work in this area of common interest.

The Katharine Howard Foundation is pleased that the funding of this Early Years Manager post has supported CRA to develop a new strategic early years focus. It also enabled the Alliance to develop additional significant expertise and knowledge with a view to improving long-term impacts for young children and their families.

# KHF STRATEGIC GRANTS 2019

The Foundation continued to fund a number of grants to support other organisations and groups involved in work linked to KHF's strategic plan and which provide great learning opportunities. A small number of strategic grants were made to support work in the children and family support sector.

KHF strategic grants often involved securing matching or co-funding from other Foundations and Trusts.

Organisation	Project Funded	Grant (€)
Benefacts	Research project to produce the first comprehensive report on philanthropic giving in Ireland	€5,000
Common Purpose	Bursary to support one participant on the Meridian Leadership Programme 2019/20	€3,000
Family Life Services Fern CLG	Support for Strategic Planning Process	€5,000
Hill Street Family Resource Centre	Action research project to evaluate the impact of a pre-school preparation programme	€5,000
UCD Foundation (Research syndicate including NUI Maynooth and UCD)	Follow up research project on 20 years of Social Change in 7 Social Housing Neighbourhoods (Multi -annual grant)	€5,000
	<b>Total</b>	<b>€23,000</b>



*The parents from the preparation for preschool 2018/2019 participating in Hill Street FRC networking café, making bunting for Hill Street 20th anniversary and Family Intercultural fun day held on 27 June 2019.*

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# GOVERNANCE & ACCOUNTS

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# STRUCTURE, GOVERNANCE AND RISK MANAGEMENT

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The Katharine Howard Foundation is a registered charity with the Charities Regulatory Authority: CRA Number 20010928. It also holds a Revenue Charity number: CHY 6255. The Foundation was established by a trust deed on the 14 June 1979 and amended by a deed of variation on the 25 November 1986.

The Trustees of the Foundation are those listed in the following section. New Trustees are appointed by existing Trustees. A scheme of delegation is in place and day to day responsibilities for the implementation of the current strategic plan rest with the Director assisted by two Trustee subcommittees: Finance and Investment and Strategic Planning.

The Director has responsibility for the operational management of the Foundation, including staff supervision and team development, in line with best practice. Trustee meetings are held at least four times a year and include a review of what was achieved and the outcomes of the work over the past 12 months. This review helps to ensure that the objectives and activities remain focused on the stated aims of the Foundation. All grants are reviewed and approved by the Trustees. All Trustees give their time and expertise voluntarily, without any form of remuneration in cash or kind. The Foundation is a member of Philanthropy Ireland, a support organisation for grant making trusts and foundations. KHF liaises with other foundations operating in Ireland on sectoral issues and joint grant making. KHF is also a member of the Prevention and Early Intervention Network (PEIN) and the Parenting Network. The Director and staff of the Foundation are assisted by establishing advisory groups for the various programmes and initiatives. In 2019 this included the Steering Group and Oversight Group for the Nurture Programme: Infant Health and Wellbeing. An Oversight Group for the Community Mothers Review process was also established.

## RISK MANAGEMENT

The Trustees are aware of the major risks to which the Foundation is exposed, in particular those related to the finances and operations of the organisation and are satisfied that systems and procedures are in place to manage exposure to the major risks. The principal risks faced by the Trustees lie in the performance of investments and the operational risks of ineffective grant making.

The Trustees consider variability of investment returns on its equities, fixed interest stocks and cash constitute the Foundation's major financial risk. This is mitigated by retaining expert investment managers and having a diversified investment portfolio. A medium risk level is deemed to be most suitable for the Foundation's investment and at least two meetings a year are held with the investment managers to oversee this approach. The Finance and Investment Sub-committee assists the Trustees with the oversight of the investments and reports at each Trustee meeting. In April 2019, arising from a review of the approach to investments, the Trustees decided to transfer the management of the investment funds from Brewin Dolphin Ireland to Irish Life Investment Managers. The major operational risk is the extent to which the grants awarded make an impact on the intended beneficiaries. The review and reflection approach taken by the Foundation is informed by the reports received from grantees and/or programme partners.

Recipients of strategic grants are required to provide a progress report within a year of the grant being allocated. This includes information on the grant purpose, project outline and information on what was achieved through the grant. Projects in receipt of multiannual funding through a specific programme, such as the Nurture Programme, provide quarterly financial and narrative reports. The learning from these reports informs KHF's approach to assessment for future funding.

# INCOME & EXPENDITURE SUMMARY BALANCE SHEET

Income & Expenditure		
Income	2019	2018
Investment Income	100,998	247,746
Restricted Programme Income		
Community Mothers Programme Review	4,905	11,000
Early Years Manager (Children's Rights Alliance)		36,002
Nurture Programme		1,000,000
<b>Total Income</b>	<b>105,903</b>	<b>1,294,748</b>
Expenditure	2019	2018
Grants Allocated	23,000	67,857
Nurture Programme	879,241	2,356,351
Community Mothers Programme Review	3,988	12,088
Staff Costs	290,655	302,280
Governance Costs	5,403	5,000
Cost of Generating Funds	92,982	18,299
Support Costs	41,052	61,418
<b>Total</b>	<b>1,336,321</b>	<b>2,823,292</b>

Summary Balance Sheet		
	2019	2018
Financial Assets	9,007,595	8,322,494
Current Assets	1,996,534	2,874,313
Current Liabilities	-15,547	-42,576
<b>Total Funds 31 December</b>	<b>10,988,582</b>	<b>11,154,231</b>
<p>The financial information on this page has been extracted from the Katharine Howard Foundation's Audited Financial Statements for year ended 31 December 2019 which were approved by the Trustees in May 2020.</p>		

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# KHF TRUSTEES

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## **David Kingston (Chairperson)**

David Kingston has spent his working life in insurance, investment and pensions. Originally from Co. Derry, he went to university in England and qualified as an actuary in Scotland before moving to Dublin in 1968. He has a special interest in equality, particularly equality of opportunity. He has been a Trustee of the Katharine Howard Foundation since 1998 and holds the position of Chairperson since 2004.



## **Kieran Bristow**

Kieran Bristow has worked his entire career in Financial Services including General Insurance, Life Assurance, Investment Management and as a Bank Treasurer. He has been a Trustee representative on a school board with specific responsibility for Finance. Kieran became a Trustee of the Katharine Howard Foundation in May 2012. He is also the Chairperson of the Finance and Investment sub-committee.



## **Dermot McCarthy**

Dermot McCarthy is a former civil servant who worked in a range of government departments and was involved in a variety of areas of policy development and coordination, including anti-poverty strategy and local development. He has long been involved in voluntary and community organisations and serves on the boards of a number of voluntary and charitable bodies. Dermot became a Trustee of the Katharine Howard Foundation in February 2013.



## **Maura Murphy**

Maura is from Co. Wexford and trained as a nurse in the Mater Hospital, Dublin. She worked for the Health Service Executive and Tusla (Child and Family Agency) for 36 years (she retired from Tusla at the end of 2015). She was employed as a Public Health Nurse in New Ross Health Centre for 10 years and was appointed as Preschool Services Officer in 1995. During the past number of years, Maura has completed a BSc. Honours in Psychology and an MA (Ed) in Lifelong Learning. She has been involved with many voluntary and statutory agencies in the development of Preschool services in county Wexford and was a former board member of Wexford County Childcare Committee. She is passionate about the needs and rights of children and their families and the promotion of excellent standards of care and education for preschool children. Maura became a Trustee of the Katharine Howard Foundation in February 2015 and she is a member of the Strategic Planning sub-committee.



## **Willie Holmes**

Willie Holmes, an Actuary by profession, has spent his working life in insurance, investment and pensions. He is a recent Past President of the LIA, which provides training to the financial services industry; and is currently a Director of the Financial Planning Standards Board Ireland. He is a former chairman of Celbridge GAA Club; joint founder of the Fr. John Nevin Scholarship Fund for Pakistan; and is currently chairman of the Maynooth Parish Finance Committee. He became a Trustee of the Katharine Howard Foundation in 2017. He is a member of the Finance and Investment sub-committee and the Strategic Planning sub-committee.



## **Jane Forman**

Prior to her retirement, Jane worked as a Programme Executive for the Children and Youth Programme with The Atlantic Philanthropies. Jane has a background in vocational training and education and has fulfilled several senior management roles including operations management, programme development and business development with the Rehab Group and FAS. She spent ten years as Chairperson of the Tallaght Partnership and has significant board experience in the community and voluntary sector. She holds an MA from St Andrew's University, an MBA from The Open University and an IoD Diploma in Company Direction. Jane became a Trustee of the Katharine Howard Foundation in 2018 and she is a member of the Strategic Planning sub-committee.

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## KHF TEAM

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### **Dr. Noelle Spring, Director**

Noelle has worked with KHF as Director since 1999. Her work with the Foundation has included designing, implementing and managing special grant initiatives including general grant schemes, demonstration programmes and research projects. Prior to working with KHF, Noelle worked as a Project Officer with the

Combat Poverty Agency and a Community Development Worker and Social Worker with the HSE (formerly the Eastern Health Board).

A graduate of Social Work from Trinity College Dublin, Noelle was conferred in 2011 with a Doctorate in Education by St Patrick's College of Education in Dublin. Her doctoral thesis focused on absenteeism at Primary School Level in an area designated as disadvantaged. Noelle was appointed Chairperson to the National Steering Group of the Children and Young People's Services Committee in November 2016.



### **Gina Allen, Foundation Administrator**

Gina joined KHF in 2014 to manage operational administration and programme support for the Foundation. She is an honours graduate of UCD with a degree in French and Spanish, spending her summers in Spain during her academic life. After completing college, she joined the Department of An Taoiseach for 3 years, working in the Information Society Commission.

Following a period of travel, she returned to Ireland in 2000, joining Accenture European Service Centre, before moving to The Coca-Cola Company in 2004 where she got involved in the company's corporate

citizenship programme. Gina returned to Australia in 2007 but a desire to work in the not-for-profit area in Ireland brought her back to Dublin in 2010 where she started volunteering initially, before joining the team at Suas Educational Development fulltime from 2010-2014.



### **Francis Chance, Programme Manager**

Francis joined KHF as Programme Manager of The Nurture Programme – Infant Health and Wellbeing in July 2015. Francis is a Professionally Qualified Social Worker with 40 years of experience of working with children in Ireland in both the statutory and voluntary sectors. From 1983 to 2000, he worked in

Children and Family Services within the Eastern Health Board and, latterly, the Northern Area Health Board. He held several roles including that of a Community Care Social Worker, a Community Development Worker, a Social Work Team Leader and Principal Social Worker for the North Inner City and Ballymun areas of Dublin. In 2000, Francis joined Barnardos as a Regional Manager and was appointed to the post of Assistant Director of Children's Services in 2004. In this capacity he was responsible for the planning, development and delivery of services in one of Barnardos five regions and participated in the national governance and development of the organisation.

Francis has considerable experience in working strategically on committees and working groups at national, regional and local levels including the HSE Expert Group on Children (2006-2009), the Tallaght West Childhood Development Initiative, the South Dublin Children's Services Committee and the National Steering Group for Children's Services Committees. From 2013 to 2015 Francis was a member of KHF's Advisory Group for the Parenting Support Initiative.



### **Jane Treacy, Finance Officer**

Jane joined KHF as Finance Officer in January 2016, having worked with KHF on their financial systems for the previous four years on a sessional basis. Jane's background is in IT and she worked previously with Irish software consultancy Prose (now part of Version 1) for twenty years. Her role as Software Development Manager involved working on a variety of

financial and bespoke projects for a number of government departments, RTE and private business.

Jane joined the not for profit sector in 2007 working with Irish Charities Tax Research Ltd, who provided leadership and support for the Irish charity sector, managing their membership and financial systems. In 2012, she moved to the Insurance Institute of Ireland, a not-for-profit educational body, to work as a Systems Development Specialist on their student/member interface.



### **Marguerite Hanratty, Strategic Planning Support**

Marguerite has worked with KHF over many years in a strategic planning/programme consultancy role. Marguerite is a professionally qualified Social Worker and worked with the Health Service Executive (HSE) for 17 years, as a Social Worker and subsequently as a

Community Development Worker in the Clondalkin area of Dublin. Over the past 15 years she has worked as an independent consultant providing a range of supports and services to community, voluntary and statutory

organisations with a particular focus on the planning and development of new projects, programmes and initiatives.

In her role with KHF, Marguerite has supported the Director in relation to the overall strategic planning of the Foundation's work and in particular the planning and development of a number of new programmes/initiatives including the Tallaght West Small Grants Programme (2004-2006), the Parent and Toddler Group Initiative (2006-2008) and more recently with the Parenting Support Initiative (PSI) (2013-2016) and the Nurture Programme - Infant Health and Wellbeing (2015-2019).





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